

Rose Kalpa AYURVEDA

What is Sacred Rose Kalpa?

Rose Kalpa is a wonderful, gentle but powerful treatment consisting of massage, energetic release and personal spiritual work for those of you that are really wanting to let go and regain a real sense of renewal. The result of this session is a pure feeling of peace, calmness and inner assurance. It will help you to reconnect and move forward with pretty well any issue that life has brought forward.

The Treatment

How this session works is simply this, you and Deborah will discuss what it is that you want to work through in the session, what is the results you are wanting and what is it that you and she can intentionally work on together throughout the session that will bring you the biggest sense of peace and strength.

Once you have set your intentions for the session, then you will be comfortably massaged in an environment of hot towels, candlelight, meditation music in peace and quiet for approximately for 2-2 1/2 hours. This will be a full body massage and Deborah will work each part of the body till it has released and healed.

Most people hold certain issues and charges in different parts of their bodies. This treatment is effective in helping address the issues at hand and then aids the body to let go and release so the body can feel lighter and stronger. The whole time Deborah is doing the massage she is also working energetically with your body and removing blocks, fears and anything else that you no longer need. An herbal clay pack will be applied to the body.

After your massage you will get into a warm bath heavily laden with essential oils, this is the second stage and one of the final stages of letting go. You will stay in the bath until you feel all that you need to release has left. Some people soak for ten minutes, and others for an hour, this is personal, you are left with the time to do what you need to heal. Deborah will be available if you want to talk through or move through any blocks in this part of the treatment.

Once you feel that you have achieved the final stage in the warm bath you will be then prepared to have a cooling refreshing aromatherapy shower to wash off the rest of the session and to help clear the aura. You will then be brought back onto the massage table and you can simply rest between two fresh sheets and let your body feel at peace. Here Deborah can also assist you in talking out any final pieces of your healing and help you complete your treatment in the right way for you.

You will be given rejuvenating herbal tea to drink at the end of your session. Once you feel your treatment is complete than a final check in with Deborah will take place and you will prepare to regain yourself and leave a whole new person.

This session will take approximately 6 hours depending on the needs of the client.

Treatment Cost: \$2,995

AYURVEDA IS AN ANCIENT
HERBAL WAY OF LIVING
THAT BALANCE BODY & SOUL



METROPOLITAN RELAXATION
304-350 East 2nd Ave. Vancouver
RSVP with Deborah at 778-997-9642



METROPOLITAN
RELAXATION STUDIO

Please note that once you book this session a deposit is required as it will take minimum of 2 hours for preparation before and after the treatment.

Deborah will do this with meditation and energetics. Your treatment will be the only session she will commit to that day.

7 days cancellation is required to cancel this session and a loss of deposit if the session is not re-booked within two weeks of the original date.