

## **Aromatherapy Oils for June**

The essential oils that are best suited for these signs would be oils that facilitate the "complexity and curiosity - Gemini" and "hearth and the big heart - Cancer" of people born under these signs. Using these recipes will help you stay balanced and aligned with the energies of your birth time.

\*Get any of these oils and products in our shop. Call for an appointment or come to our next shopping nights.



## Aromatherapy Recipes for your Astrological Sign

Oil Blends for Gemini and Cancer (measured in drops)

**Gemini** May 21st - June 20th Massage Oils Blend: Sandalwood 6, Lemon 6, Petitgrain 4, Ylang Ylang 4, Rosemary 3, Patchouli 3

Cancer June 21st - July 21st Massage Oils Blend: Sweet Orange 1 2, Bergamot 8, Patchouli 5, Vanilla or Myrtle 8, Rose 1 - 2, Lime 6

- You can use these oils in a combination to make a spray or make them into a massage oil to be used as an after bath/shower oil.
- You can diffuse any of these oils in a scent ball preferably two to three essential oils at the same time.
- You can also make a beautiful perfume of these oils. Simply use the massage oil recipe and double it and add it to two ounces of massage oil or double the amount of the essential oil recipe and use a four ounce spritzer bottle or perfume atomizer.
- To use a vaporizer type of diffuser you use half of the recipe above. Rose is very powerful in essence so remember to only use one or two drops in your recipes so it does not over power the other scents.

\*\*\*If you did not want to use the oils in a recipe you can use these oils independently. If you are wanting to use these oils to align yourself and your astrology sign then using at least three at once brings you the best results.

## Gemstone for June: Pearl



Pearls have been known to: comfort the sensitive and can be used in sensitive times to bring a sense of calm and wellbeing. Eliminates emotional imbalances, helps one master the heart chakra. Can aid in issues pertaining to the stomach, spleen, intestinal tract and ulcer problems. Pearls represent innocence, simplicity in life and they make the wearer feel as though life is good. Pearls emit modesty, chastity and purity. Great for starting a new life, new love, new job or taking new direction. They have been known to help while healing from a divorce. Folklore tell us that pearls have been known to promote marital bliss and prevent new brides from getting upset Pearls are often called the Queen gem as diamonds are called the King gem. They were prized by royalty and worn by knights going into battle for protection.

Wearing gemstones helps bring the healing power of the stone to the wearer. Wearing or having the gemstone of your birth month close to you feels wonderful. It has been said that it feels unusually comfortable and calming to own and have close to you the gemstone that matches your birth time. Come by and find your birthstone we have a gorgeous selection of gemstone jewellery and room crystals.