



Aromatherapy Oils for July

The essential oils that are best suited for these signs would be oils that facilitate the “hearth and the big heart - Cancer” and “playful but forthright nature - Leo” of people born under these signs. Using these recipes will help you stay balanced and aligned with the energies of your birth time.

**Get any of these oils and products in our shop. Call for an appointment or come to our next shopping nights.*



Aromatherapy Recipes for your Astrological Sign

Oil Blends for Cancer and Leo (measured in drops)

Cancer

June 21st - July 21 St

Massage Oils Blend: Sweet Orange 12, Bergamot 8, Patchouli 5, Vanilla or Myrtle 8, Rose 1-2, Lime 6

Leo

July 22st - Aug. 22nd

Massage Oils Blend: Bergamot 5, Sandalwood 6, Cedarwood 6, Ylang Ylang 3, Geranium 3

- You can use these oils in a combination to make a spray or make them into a massage oil to be used as an after bath/shower oil.
- You can diffuse any of these oils in a scent ball preferably two to three essential oils at the same time.
- You can also make a beautiful perfume of these oils. Simply use the massage oil recipe and double it and add it to two ounces of massage oil or double the amount of the essential oil recipe and use a four ounce spritzer bottle or perfume atomizer.
- To use a vaporizer type of diffuser you use half of the recipe above. Rose is very powerful in essence so remember to only use one or two drops in your recipes so it does not over power the other scents.

****If you did not want to use the oils in a recipe you can use these oils independently. If you are wanting to use these oils to align yourself and your astrology sign then using at least three at once brings you the best results.*

Gemstone for July: Ruby



Ruby is known for its varied color of reds. From pink to deep blood red this stone is known to deepen and heal love relationships on, all levels. Ruby is worn to protect from misfortune or poor health. They are given as a symbol of success. Known as a stone of devotion, integrity, passion and promises of the heart. Known to reconcile lovers quarrels and to help increase self esteem. Rubies are the summer gemstone of the season.

Wearing gemstones helps bring the healing power of the stone to the wearer. Wearing or having the gemstone of your birth month close to you feels wonderful. It has been said that it feels unusually comfortable and calming to own and have close to you the gemstone that matches your birth time. Come by and find your birthstone we have a gorgeous selection of gemstone jewellery and room crystals.